Izkušnje z ukrepi za umirjanje prometa v urbanem okolju

Slovenian experiences with traffic calming measures inside urban areas

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Introduction

• Traffic calming generally represents a combination of different measures, which:
  • reduce negative influence of motorized traffic,
  • change style of behavior motor vehicles drivers and
  • improve traffic conditions for non-motorised traffic users.
• Main goal of traffic calming should be improvement of traffic safety for pedestrians and cyclist without severely limiting vehicles travel or significantly effecting emergency vehicles
• Main purpose of traffic calming is not to block vehicle traffic, but to slow it down

Introduction

• It is especially in the last twenty years that traffic calming measures (all kind of devices, applications etc.) are also more and more frequent in Slovenia
• According to our law, the traffic calming devices are physical, light or other devices and obstructions that (a) physically prevent the participants in road traffic to drive with inappropriate speed or (b) they warn them to limit the speed on dangerous road sections.
• Physical obstructions in Slovenia could (only) be set down on regional national roads and community (local) roads inside the settlement/city (urban areas)
Introduction

- Usage of physical traffic calming devices is obligatory near schools, kindergartens and other objects, along which the speed is limited (due to traffic safety for all participants).
- One of the main goals of installing traffic calming measures – especially the physical ones – is to reduce speed of motor vehicles.
- With lower vehicles speeds we normally achieve traffic accident reduction; the number of traffic accidents and their consequences - especially when a vehicle/pedestrian (cyclist) is involved - are lower.

Why we need traffic calming?

- What we would like, what are our benefits and our goals?

<table>
<thead>
<tr>
<th>OUR WISHES..</th>
<th>OUR BENEFITS..</th>
<th>OUR GOALS..</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lower speeds of motor vehicles</td>
<td>Less traffic accidents</td>
<td>Better traffic safety</td>
</tr>
<tr>
<td>Decrease in traffic volumes</td>
<td>Minor consequences of traffic accidents</td>
<td>Better condition for living</td>
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<tr>
<td>Better visibility and Sight Distance</td>
<td>More “free areas” around streets</td>
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<tr>
<td>More space for pedestrians / cyclists</td>
<td>Less impact on the environment (noise, air)</td>
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<tr>
<td>More attractive layout of streets / roads</td>
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</tbody>
</table>
**Traffic calming measures inside urban areas**

A) At the beginning of the settlements  
B) On the road sections  
C) At the intersections

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**A) Traffic calming measures at the beginning of the settlements**

- **"Optical breaks":**
  - So-called "mild" measures,
  - Slightly raised strips of different colored surfacing (normally white) set across the width of the driving lane,
  - The appearance and feel of the strips is intended to cause drivers to reduce their speed,
  - Normally they are used before areas with speed limits (for example, at the beginning of the settlements) and are laying in non-equal distances perpendicular to the driving direction.
A) Traffic calming measures at the beginning of the settlements

- "Central islands":
  - Raised traffic islands located along the centerline of road / street
  - They could be combined with lane narrowing
  - They could be likable landscaped - to provide visual amenity and neighborhood identity
  - They could also help to make our roads and streets more "pedestrian friendly" - they work very well when they are combined with crosswalks

- In Slovenian roads and streets center islands (as traffic calming measure) are used above all:
  - at the beginning of cities and settlements; the drivers are warned that they should reduce their speed to the limited value;
  - at cities/settlements; pedestrian protection at crosswalks prevents prohibited vehicle maneuver, ..

B) Traffic calming measures on the road sections inside the settlements

- "Re-arrange the road / different road elements":

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B) Traffic calming measures on the road sections inside the settlements

• "Speed humps" / "Speed bumps":
  • They are round raised areas placed across the roadway,
  • The profile of a speed hump can be circular, parabolic, or sinusoidal,
  • Speed humps are good for locations where very low speed is desired and reasonable, and noise and fumes are not of a major concern
  • The advantages of speed humps are that they are relatively inexpensive,
  • They are very effective in slowing travel speed,
  • But, they have several disadvantages as well:
    • they cause a "rough ride" for all drivers,
    • they force large vehicles, such as emergency vehicles and those with rigid suspensions, to travel at slower speed,
    • they may increase noise and air pollution and
    • they have questionable aesthetics.

• "Trapezoidal humps" / "Speed platforms" / "Speed tables":
  • They are flat-topped speed humps that are often constructed with brick / stone or other textured materials on the flat section,
  • Speed tables are usually long enough for placing the entire pedestrian crossing,
  • Their long flat fields give speed tables higher design speed than speed humps,
  • Speed tables are also good for locations where low speed is desired, but a somewhat smooth ride is needed,
  • The advantages of speed platforms are:
    • they are smoother than speed humps and
    • very effective in speed reduction
B) Traffic calming measures on the road sections inside the settlements

• "Roadway narrowing":
  • Roadway narrowing is not (currently) widely spread on Slovenian roads,
  • It could be done from one side or from the both side of the road.

C) Traffic calming measures at the intersections inside the settlements

• "Raised intersection":
  • They are flat raised areas covering the entire intersection, with ramps on all approaches and often with brick or other textured materials on the flat section,
  • They are usually raised to the level of the sidewalk,
  • By modifying the level of the intersection the crosswalks are more readily perceived by motorists to be "pedestrian territory",
  • Raised intersections are good for areas where other traffic calming measures would be unacceptable
  • The advantages of raised intersections are:
    • they improve safety for pedestrians and vehicles,
    • they can have positive aesthetic value and
    • they can calm two streets at the same time.
C) Traffic calming measures at the intersections inside the settlements

• "Realigned / modified intersection":
  • Realigned intersections means changes in alignment
  • Often convert T-intersections with straight approaches into curving streets
  • They are one of the few traffic calming measures for T-intersections
  • Realigned Intersections can be effective reducing speeds and improving safety at T-intersection

• "Small roundabouts (one-lane roundabouts, mini roundabouts)":
  • They are usually located:
    • in areas with a "history of accidents",
    • in intersections where queues need to be minimized and
    • in intersections with irregular approach geometry, where there is a high proportion of U-turns, and
    • also on locations with abundant right-of-way.
  • Roundabouts can moderate traffic speed on an arterial, they are generally aesthetically pleasing, they enhance safety compared to traffic signals, they can minimize queuing at the approaches to the intersection and they are less expensive to operate with than traffic signals.
Effectiveness of traffic calming measures in Slovenia

- In the past we already observed effectiveness of traffic calming measures on Slovenian roads,
- One of the aims of the research, which was done in Slovenia (from 2003 to 2005), was also to define real effect of speed reduction on different types of traffic calming measures across Slovenia,
- We selected 32 “typical” locations in Slovenia, where six different types of traffic calming measures appear,
- The main aim of this part of the research was to establish the effectiveness of different types of traffic calming measures,
- We perform hidden speed measurements with laser measurement instrument Riegl LR90-235/P were used,
- At that time we also performed measurements of some other dimensions (e.g. precise dimensions of traffic calming device, dimensions of road elements and its surroundings, traffic counting, a questionnaire etc.).

Effectiveness of traffic calming measures in Slovenia

- Results of hidden speed measurement at different types of traffic calming measures:

<table>
<thead>
<tr>
<th>Type of traffic calming measure</th>
<th>Number of observed locations</th>
<th>Number of measurements</th>
<th>Speed humps</th>
<th>Speed platforms</th>
<th>Raised intersections</th>
<th>Optical breaks</th>
<th>Central islands</th>
<th>One-lane roundabouts</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3</td>
<td>166</td>
<td>3</td>
<td>5</td>
<td>4</td>
<td>6</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>V&lt;sub&gt;max&lt;/sub&gt; [km/h]</td>
<td>35–39</td>
<td>352</td>
<td>59–93</td>
<td>42.5 – 60.6</td>
<td>51.1 – 81.8</td>
<td>45–50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;ave&lt;/sub&gt; [km/h]</td>
<td>16.8–24.5</td>
<td>15–22</td>
<td>42.5 – 60.6</td>
<td>43.7–66.1</td>
<td>24–26.9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;85&lt;/sub&gt; [km/h]</td>
<td>21–30.5</td>
<td>18.5–25.1</td>
<td>50.4–70.7</td>
<td>51.1–81.8</td>
<td>31.8–34.4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>V&lt;sub&gt;85 ave&lt;/sub&gt; [km/h]</td>
<td>27.03</td>
<td>22.6</td>
<td>58.43</td>
<td>60.9</td>
<td>32.77</td>
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</tr>
</tbody>
</table>
Effectiveness of traffic calming measures in Slovenia

- Analysis of real speeds of motor vehicles vs. different “Speed platforms” / “Speed tables”:

\[ y = -2.8593x + 48.337 \]
\[ R^2 = 0.9538 \]

- 30 km/h zones:

You want safe streets for all? Sign the European Citizen Initiative for 30 Km default speed limits in European cities [www.30kmh.eu](http://www.30kmh.eu)
Effectiveness of traffic calming measures in Slovenia

- Methodology for 30 km/h zones implementation:
  - Pre-analysis:
    - Preliminary survey to recognize areas open to transformation into a zone 30
  - Functional classification of urban roads
  - Specification of areas and road classes with a prevalent local feature
  - Diagnostic test based on:
    - Accidents, black spots, operational speed, demand analysis (traffic conditions and composition)
    - Qualitative data (level of life-quality)
  - Results:
    - Examination of the morphological and functional characteristics of the area
  - Definition of boundaries for areas interested by traffic calming measures
  - Project from planning level (area-wide effect) to a detail level (zone 30) design different for each zone
  - Traffic calming effectiveness analysis
  - Identification of priority areas for traffic calming measures
  - Proposal for 30 km/h zone implementation (Miklavž na Dravskem polju):
    - Map of the area showing proposed traffic calming measures

M. Renčelj, Slovenian experiences and applications.
Effectiveness of traffic calming measures in Slovenia

- Proposal for 30 km/h zone implementation (Miklavž na Dravskem polju):

  - Mini roundabouts?
    - They are (small) roundabouts with a fully traversable central island;
    - Most commonly used in low-speed urban environments with average operating speeds of 50 km/h or less;
    - They are relatively inexpensive
    - Because they are small, mini-roundabouts are perceived as pedestrian-friendly with short crossing distances
    - Very low vehicle speeds on approaches and exits
Effectiveness of traffic calming measures in Slovenia

- Mini roundabouts?
  - A fully traversable central island is provided to accommodate large vehicles
  - The mini-roundabout is designed to accommodate passenger cars without requiring them to traverse over the central island
  - The overall design - minimize running over of the central island
  - In Slovenia we implemented first mini roundabout in the year 2002
  - Since then we build up more than 20 of mini roundabouts across the country

Possible problems with mini roundabouts:

- unsuitable splitter islands construction (unsuitable design, construction - in correlation with posted traffic signs)
- road markings (visibility and maintenance of road markings);
- visibility of central island (not just (with road markings) painted central island, better solution is mountable cobblestone island; the edge de-levelled by 2-3 cm);
- unsuitable width of driving lanes (before mini roundabout or inadequate widening of driving lanes before entering the mini roundabout);
- unsuitable design and construction (in some cases we notice lack of knowledge about mini roundabout design and construction);
- traffic rules violations (it is in connection with inadequate mini roundabout design and construction,
Effectiveness of traffic calming measures in Slovenia

- Traffic safety analysis - Data and conclusions:
  - We analysed 11 mini roundabouts
  - Performed B-A analysis: 3 years before, 3 years after reconstruction
  - We take into account only Police recorded accidents
  - At observed location there were 15 traffic accidents before, only 2 traffic accidents after the reconstructions of “classic intersections” into mini-roundabouts

![Graph showing reduction in traffic accidents](image)

**Conclusion**

- In Slovenia we still have problems with speeding inside urban areas (settlements, cities),
- According to that there are still locations on our roads, where we need to reduce speeds of motor vehicles with physical measures,
- Based on foreign experience (Netherlands, Germany, Austria), we began to install traffic calming measures, especially over last 20 years,
- Over those years, we have found that identical measures may not have the same results - due to different mind-sets in different countries.